

March 2022

Lunch includes: entrée listed below, fruit, milk, and veggie

Hummus and Roll OR Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advance request.

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.



Grains

	Monday	Tuesday	Wednesday	Thursday	Friday
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<p>LUNCH MENU:</p> <p>Lunch Free of Charge for all students for the 21-22 School Year Adult: \$3.50 For Lunch Adult Breakfast \$2.00</p> <p>Local Now: Apples, Carrots Burgers, Lentils, Wheat Montana Bread, Squash, And more!</p>	For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3443.				
		1 Chicken Patty on WG Bun w/ Fruit, Veggie and Milk	2 Pizza w/ Fruit, Veggie and Milk	3 Local Hot Dog on WG Bun, Fruit, Veggie and Milk	4 PB & J Sandwiches w/ Veggie, Fruit and Milk
	7 Chicken Tenders w/ Honey Mustard, Dinner Roll, Fruit, Veggie and Milk	8 Sloppy Joe on WG Bun, Fruit, Veggie and Milk	9 Pizza w/ fruit, veggie and milk	10 Red Beans and Rice w/ sausage, Fruit, Veggie and Milk	11 Pancake and Sausage on a Stick w/ Veggies, Fruit and Milk
	14 Spaghetti w/ Meat Sauce and Dinner Roll, Fruit, Veggie and Milk	15 Taco Burger w/ Cheese on WG Bun, Veggies, Fruit and Milk	16 Pizza w/ Fruit, Veggie and Milk	17 White Chicken Chili, Dinner Roll, Fruit, Veggie and Milk	18 Pizza & Italian Soda Fundraiser (no hot lunch)
	21 NO SCHOOL Spring Break	22 NO SCHOOL Spring Break	23 NO SCHOOL Spring Break	24 NO SCHOOL Spring Break	25 NO SCHOOL Spring Break
	28 Burrito w/ Salsa and Sour Cream, Fruit, Veggie and Milk	29 Creamy, Cheesy Chicken and Rice w/ Fruit, Veggie and Milk	30 Pizza w/ Fruit, Veggie and Milk	31 Corn Dog w/ Fruit, Veggie and Milk	
	<p>All students must take at least ½ cup of fruit and/or vegetable to complete a school lunch. A School Lunch Includes: (600-650 total calories), 1 cup milk, 1-2oz. protein, 1-2oz. grain, 3/4 cup vegetables, 1/2 cup fruit, Students Must take at least ½ cup of fruit/vegetable.</p>				