

APRIL 2023

Elementary School Menu Trinity Lutheran School



CHICKPEAS

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll OR Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advance request.

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
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| LUNCH MENU: | For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3443. | | | | |
| Regular Prices Reduced: \$0.40 Student: 3.00 Adult: \$3.50 | 3 CHICKEN PATTY ON WG BUN, Fruit, Veggie and Milk | 4 SPAGHETTI W/ MEAT SAUCE AND FOCCACIA BREAD Fruit, Veggie and Milk | 5 HOAGIE SANDWICH ON WG BUN, GOBONZO SNACKS Fruit, Veggie and Milk | 6 Early Out – 11:30am | 7 NO SCHOOL |
| Local Now: Apples, Carrots Burgers, Lentils, Wheat Montana Bread, Squash, And more! | 10 CHICKEN TENDERS W/ DINNER ROLL, RANCH OR BBQ SAUCE, Fruit, Veggie and Milk | 11 CORN DOG, Fruit, Veggie and Milk | 12 SLOPPY JOE ON WG BUN, Fruit, Veggie and Milk | 13 TURKEY GRAVY W/ MASHED POTATOES, DINNER ROLL, Fruit, Veggie and Milk | 14 CHEF'S CHOICE, Fruit, Veggie and Milk Pizza & Italian Soda Fundraiser |
| | 17 PANCAKES W/ LOCAL SAUSAGE, Fruit, Veggie and Milk | 18 MEATBALL SUB W/MARINARA AND MOZZARELLA, Fruit, Veggie and Milk | 19 BURRITO W/ SALSA AND SOUR CREAM, Fruit, Veggie and Milk | 20 CHEESEBURGER ON WG BUN, Fruit, Veggie and Milk | 21 BOSCO STICKS, Fruit, Veggie and Milk |
| | 24 PULLED PORK ON WG BUN W/ Fruit, Veggie and Milk | 25 CHICKEN SPAGHETTI, Fruit, Veggie and Milk | 26 LOCAL HOT DOG ON WG BUN, Fruit, Veggie and Milk | 27 MONTE CRISTO SANDWICH W/ SYRUP AND JAM, Fruit, Veggie and Milk | 28 CHEF'S CHOICE, Fruit, Veggie and Milk Pizza & Italian Soda Fundraiser |
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| All students must take at least ½ cup of fruit and/or vegetable to complete a school lunch. A School Lunch Includes: (600-650 total calories), 1 cup milk, 1-2oz. protein, 1-2oz. grain, 3/4 cup vegetables, 1/2 cup fruit, Students Must take at least ½ cup of fruit/vegetable. | | | | | |