

August/Sept 2022

Lunch includes: entrée listed below, fruit, milk, and veggie

Hummus and Roll OR Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advance request.

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.



Cherries

	Monday	Tuesday	Wednesday	Thursday	Friday
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LUNCH MENU: Lunch Student: \$3.00 Red: .40 Adult Lunch: \$3.50 Local Now: Apples, Carrots Burgers, Lentils, Wheat Montana Bread, Squash, And more!	For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3443.				
			August 31 Hoagie Sandwich Fruit, milk, veggie	Sept. 1 Chicken Patty on WG Bun, Fruit, milk, veg	2 Corndogs, milk, veg, fruit
	5 NO SCHOOL LABOR DAY	6 Cheeseburger, fruit, veg and milk	7 Breadsticks w/ Fruit, Veggie and Milk	8 Turkey Gravy, Mashed Potatoes, Fruit, Veg, Milk, Dinner Roll	9 Hoagie Sandwich Fruit, Veggie and Milk
	12 Chicken Tender, Dinner Roll, Veggies, Fruit and Milk	13 Monte Cristo Sandwich, Fruit, Veg and Milk	14 Breadsticks, Fruit, Veg and Milk	15 Spaghetti w/ Meat Sauce, Dinner Roll, Fruit, Veg, Milk	16 Local Hot Dog on WG Bun, Fruit, Veggie, Milk
	19 Chili w/ Cornbread Muffin, Fruit, Veggie and Milk	20 French Toast w/ Local Sausage, Fruit, Veggie and Milk	21 Breadsticks w/ Fruit, Veggie and Milk	22 Burrito w/ Salsa and Sour Cream, Fruit, Veggie and Milk	23 Hoagie Sandwich w/ veggie, fruit and milk
	26 Corn Dog Fruit, Veg, Milk	27 Beefy Nacho, Fruit, Milk, Veggie	28 Breadsticks, Fruit, Veggie and Milk	29 Mac 'n' Cheese Dinner Roll, Fruit, Veggie and Milk	30 Sloppy Joe on WG Bun, Fruit, Veggie and Milk
	All students must take at least ½ cup of fruit and/or vegetable to complete a school lunch. A School Lunch Includes: (600-650 total calories), 1 cup milk, 1-2oz. protein, 1-2oz. grain, 3/4 cup vegetables, 1/2 cup fruit, Students Must take at least ½ cup of fruit/vegetable.				