

May 2025

Harvest of the Month:

Chickpeas & Lentils

Lunch includes: entrée listed below, fruit, veggie & milk

www.MyMealTime.com

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. *This institution is an equal opportunity provider.*

Trinity Lutheran School

Kalispell Public Schools Food Service



For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443.

*Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Lunch Menu:	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Prices Reduced: \$0.40 Student: \$3.25 Adult: \$4.25			30 Pizza w/WG Crust	1 Cheeseburger w/WG Bun	2 Pizza & Italian Soda Fundraiser
Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more!	5 Breakfast Sandwich w/Ham	6 Chef's Surprise	7 Pizza w/WG Crust	8 Chicken Taco Soup w/Tortilla Chips, Sour Cream, Cheese	9 Mac-n-Cheese w/WG Pasta
	12 Breaded Chicken Sandwich w/WG Bun	13 Salsbury Steak w/Mashed Potatoes & Gravy w/WG Roll	14 Pizza w/WG Crust	15 Deli Turkey & Cheese Wrap w/WG Tortilla	16 Pizza & Italian Soda Fundraiser
	19 Chicken Gyros w/WG Pita & Tzatziki Sauce	20 Tuna Noodle Casserole	21 Pizza w/WG Crust	22 BBQ Pulled Pork Sandwich w/WG Bun	23 Chicken Tenders (3) w/WG Bun
	26 NO SCHOOL	27 Turkey Hot Dogs w/WG Bun & Chips	28 Pizza w/WG Crust	29 Chicken Nachos, Sour Cream, Salsa	30 11:30am Early Release Last Day of School!