

May 2026

Harvest of the Month: Chickpea/Lentils

Lunch includes: entrée listed below, fruit, veggie & milk.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. *This institution is an equal opportunity provider.*

Trinity Lutheran School Kalispell Public Schools Food Service



www.MyMealTime.com

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443.

*Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

| Lunch Menu: Regular Prices Reduced: \$0.40 Student: \$3.50 Adult: \$5.50 Additional Milk: \$0.60 | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|-------------------------------|--|---|
| Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more! | | | | | 1 WG Mac-n-Cheese w/WG Roll |
| | 4 Cheeseburgers w/WG Bun | 5 Sweet & Sour Chicken w/WG Pasta | 6 Pizza w/WG Crust | 7 Beef Spaghetti w/WG Pasta & WG Roll | 8 Pizza & Italian Soda Fundraiser |
| | 11 Chicken & Bean Taco w/WG Tortilla | 12 WG Chicken Tenders w/WG Roll | 13 Pizza w/WG Crust | 14 Ham & Cheese w/WG Hoagie | 15 Beef Stroganoff w/WG Pasta |
| | 18 WG Chicken Corndogs | 19 Chicken Alfredo w/WG Pasta & WG Roll | 20 Pizza w/WG Crust | 21 Italian Sloppy Joes w/Mozz & WG Bun | 22 Bean & Cheese Nachos w/WG Tortilla Chips |
| | 25 NO SCHOOL Memorial Day | 26 Breaded Chicken Sandwich w/WG Bun | 27 Pizza w/WG Crust | 28 Turkey Hot Dog w/WG Bun & Cookie | 29 11:30am Early Release Last Day of School! |