

Nov 23



Winter Squash

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll OR Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advance request.

All grains are at least 50% whole Grain. Students Must take ½ cup fruit and/or vegetables with meal. Milk Choice Include Skim, 1% and Skim Chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday
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LUNCH MENU:	For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3443.				
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Regular Prices Reduced: \$0.40 Student: 3.25 Adult: \$4.25 CEP Qualified Schools* – Lunch is FREE For Students Local Now: Apples, Carrots Burgers, Lentils, Wheat Montana Bread, Squash, And more!			NO SCHOOL Parent/Teacher Conferences	NO SCHOOL Parent/Teacher Conferences	NO SCHOOL Teacher In-Service
	6	7	8	9	10
	Sloppy Joe on WG Bun, Fruit, Veggie and Milk	Chicken Taco, Salsa, Sour Cream and Cheese, Fruit, Veg, Milk	Pizza Hut Pizza, Fruit, Veggie and Milk	Cheeseburger on WG Bun, Fruit, Veggie and Milk	Hot Dog on WG Bun, Fruit, Veggie and Milk
	13	14	15	16	17
	Pancake/Sausage on a Stick w/ Fruit, Veg and Milk	Chicken Nacho w/ Cheese, Salsa and Sour Cream, Fruit, Veg and Milk	Pizza Hut Pizza, Fruit, Veggie and Milk	Turkey Gravy w/ Mashed Potato, Dinner roll, Fruit, Veggie, Mini Pumpkin Pie, Milk	Pizza & Italian Soda Fundraiser
	20	21	22	23	24
NO SCHOOL	NO SCHOOL	NO SCHOOL	THANKSGIVING NO SCHOOL	NO SCHOOL	
27	28	29	30		
Pulled Pork w/ BBQ Sauce on WG Bun, Fruit, Veggie and Milk	Chicken Taco w/ Salsa, Sour Cream, Cheese, Fruit, Veggie and Milk	Pizza Hut Pizza, Fruit, Veg and Milk	White Chicken Chili on WG Bun		
All students must take at least ½ cup of fruit and/or vegetable to complete a school lunch. A School Lunch Includes: (600-650 total calories), 1 cup milk, 1-2oz. protein, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit, Students Must take at least ½ cup of fruit/vegetable.					